

# Charge Up For The North South Judo Tournament!



**Train with Sensei Eiko Saito Shepherd, 8th Dan, to improve your competition techniques and skills!**

**Train on Tuesdays or Wednesdays or Thursdays or all 3 days!**

**Shiai Training : 7 Tuesdays from 7:00 pm to 8:30 pm (2/20 – 4/3)**

**Shiai Training: 7 Thursdays from 7:00 pm to 8:30 pm (2/22 – 4/ 5)**

**Kata Training: 7 Wednesdays from 7:30 pm to 8:30 pm (2/21–4/4)**

Enroll in person or call James J. Eagan Center Parks and Recreation at 314-839-7671 1 James J. Eagan Dr., Florissant, MO 63033	Resident	Non Resident
One class per week	\$57.00	\$67.00
Two classes per week	\$90.00	\$101.00
Three classes per week	\$109.00	\$119.00

**At the end of each 7 week session a certificate will be awarded to Judoka who have attended at least 6 of 7 classes.**

The Annual North South Judo Tournament will be held on Saturday, April 21, 2018 at the Sports Complex in Belleville, Illinois. For more information contact Sensei Eiko Shepherd at 618-781-5157 or email at [eikojudo1@gmail.com](mailto:eikojudo1@gmail.com)